



QUOITS

#2 Rx VARIABLE VECTOGRAM®

STEREO OPTICAL CO.

You have probably thrown this kind of a ring around pegs many times. Now you not only can ring an object with it, but can bring it right back without having to walk over and pick it up.

When using this target in the stand, place a small object on the paper at the back so that it appears in the center of the ring. Move the targets apart in the direction of the letters on the scale until the circles seem to be around this object. Then move the targets in the direction of the numbers on the scale and make your eyes jump back and forth from the object on the table to the rings. Vectogram No. 9 may also be placed in the stand at the center of the rings for this same type of training.

Take the targets out of the stand, hold them level in both hands, separate them in the direction of the letters, and "ring" different objects in the room or outside. Be as accurate as you can in the spatial positioning of the rings right around the object. The farther away the object is, the bigger the rings should appear.

There is a small disc at the top of the Quoit containing two lines which should make a cross at all times if the eyes are functioning accurately. If one of these lines disappears or if the ring doubles, return the targets to a position where both lines are seen and the ring remains single.

Follow your eye specialist's instructions concerning positioning of targets and methods of training.

NOTE: Please store your Vectogram in a cool, dry place when not in use. High heat & humidity may cause fading.